

What is claimed is:

1(currently amended). A hand-held shower attachment having a shower head that has a surface from which jets of water exit and a grip, the grip being attached to the shower head at a location alongside the surface from which jets of water exit, wherein the ratio of the length of the grip to the maximum lateral dimension of the surface on the shower head from which jets of water exit ranges from about 0.5 to one unity, **and wherein the shower head has a fitting for a shower hose on an end of the grip opposite from the shower head and a union nut on an end of the shower hose acts as part of the grip.**

2(currently amended). A shower attachment according to claim 1, where a the longitudinal axis of the grip is approximately parallel to the surface on the showerhead from which jets of water exit.

Claims 3 and 4 are canceled.

5(currently amended). A shower attachment according to claim 1, where the ratio of a the depth of the shower head, measured in a direction normal to the surface from which jets of water exit, to a the diameter of the surface from which jets of water exit, is approximately 0.25 to 0.5.

6(currently amended). A shower attachment according to claim 1, where a the perimeter of the surface from which jets of water exit has an approximately oval shape.

7(currently amended). A shower attachment according to claim 1, where a the perimeter of the surface from which jets of water exit has a circular shape.